



TUESDAY NEWS

Headteacher: Mrs A. Haines
Deputy Headteacher: Miss S. Burgess

6th February 2024



Catholic Life and Collective Worship

This week is national Children's Mental Health Week and we are very proud and excited to be taking part in such an important event. Mental health charity 'Place2be' organises this national special week every year. It is an awareness week that empowers, equips and gives a voice to all children and young people in the UK. The theme this year is 'Your Voice Matters'. Yesterday, our whole school (including Nursery and Reception) came together in worship to reflect on how important each and everyone of our children are.



In Mark's Gospel, Jesus tells the disciples, "If anyone accepts children like these in my name, then he is also accepting me." From this, we can see how Jesus holds all the children so dear to his heart and how important they are to him. To remind ourselves of how important we are, children from each class announced on a megaphone, 'My name is XXX and I am important'!! We prayed together and set our mission for the week: To be like Jesus and use our voices to say kind things.

As part of our PSHE curriculum, children from Nursery up to Y6 will take part in different activities throughout the week that helps them to understand the importance of having good mental health and how important it is that they are listened to.



This Friday 9th February (the last day of term), children are invited to come to school dressed however they wish. The idea is that they 'express themselves' so they can wear whatever they feel most comfortable in as an expression of their own individuality. Additionally, at the end of the day at 2:15pm, parents/carers are invited in to see each class present what they have been learning about throughout the week. Both the Children's Choir and Staff Choir will be performing too. We hope to see you there!

Y3 Class Mass

Y3 will lead the readings, prayers and hymns at their Class Mass this Wednesday at 9:30am in church. Everyone is welcome to join them.



KS1 Family Mass

Thank you to all the parents/carers who helped to prepare their children so well for the KS1 Family Mass last Sunday in church. The children were just wonderful! They read beautifully and sang their hearts out. It was a real pleasure to have such young children show great confidence but most importantly taking part in the Mass. It was a lovely family and community occasion.



COMING UP SOON...

Friday 9th February

'Dress to Express' – Children can wear whatever they feel most comfortable in as an expression of their own individuality

Friday 9th February

Break up for the half term holidays

Monday 19th February

Return to school

Together we are exploring our special gifts; Together we are growing towards God



CONGRATULATIONS to Abigail in Y4 for receiving Mrs Haines' Headteacher Award for throwing herself into everything on offer at St Francis. Abigail loves to explore her special gifts through putting herself forward for opportunities and also gives of her best in all her learning.



CONGRATULATIONS to Amiyah in Y2 for receiving the Big Cat Reading Award. Amiyah has been reading so so SO much recently! She has come on in leaps and bounds with her reading and hands her reading book in much more frequently. Keep up this fantastic reading streak Amiyah!



WELL DONE to all our Class Merit Winners last week

FS1: Christopher

FS2: Hallie

Y1: Kitty

Y2: Harry

Y3: Charlotte

Y4: Nikhil

Y5: Mahrahaza

Y6: Lucy

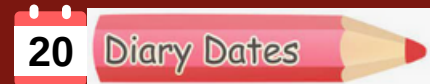
NOTICES

ARBOR GDPR AND PHOTO PERMISSIONS

As a school, we always want to celebrate our children's special gifts and achievements both with yourselves as parents/carers but also with our wider community. In order to do this, we have to have your permission. Without that, we are unable to share photographs of your children on Tuesday News, Twitter, or anywhere else.

Currently, we have a huge amount of children whose permission has not been filled out on our Arbor app so it is unclear whether we can share their photos or not. Without it being filled in, we are taking the stance that we can not share the photos as we do not want to break any GDPR regulations.

A message has gone out via Arbor requesting your permission to place photos of your child/ren in the Tuesday News. When you log on to do this, please also fill out the permissions for the other consents as well. We will be very grateful for your cooperation and look forward to celebrating your children if it is safe to do so and with your permission.



Day	Date	Time	Year Group	Event
Friday	9th February	N/A	All	Break up for half term holidays
Monday	19th February	N/A	All	School reopens
Tuesday	27th February	3:30pm	Y1	Parent and Child Writing Workshops
Wednesday	28th February	11:30-12:30pm	Y5	Come Dine With Me
Wednesday	6th March	11:30-12:30pm	Y4	Come Dine With Me
Monday	18th March	3:30-5:30pm	All	Parent Consultation Evening
Wednesday	20th March	11:30-12:30pm	Y6	Come Dine With Me
Thursday	21st March	3:30-7:30pm	All	Parent Consultation Evening
Wednesday	27th March	N/A	All	Break up for Easter holidays
Monday	8th April	N/A	All	School reopens

School Dinners

Please note: this coming Thursday there will be no pizza on offer as it is a Chinese themed menu (see below) to celebrate Chinese New Year. Pizza will be served on Friday instead of fish.



PE/Outdoor Learning Days

FS2: Wednesdays outdoor learning

Y1: Mondays outdoor learning and Thursdays PE

Y2: Thursdays outdoor learning and Wednesdays PE

Y3: PE Mondays and Wednesdays

Y4: PE Tuesdays and Fridays

Y5: Tuesdays swimming, Fridays PE

Y6: PE Tuesdays and Thursdays

Children should come to school on the appropriate days wearing their full PE uniform or old and warm clothing (we recommend layers) for outdoor learning.



The United Kingdom Health Security Agency (UKHSA) has declared a national incident following Measles outbreaks in London and West Midlands. The best protection against measles for children and adults is to get both doses of the MMR vaccine. In response to this we would like to share with you the advice from UKHSA currently:

Measles is a highly infectious, serious illness that can be very unpleasant. Those most at risk are under 1s, the unvaccinated, immuno-compromised or pregnant woman. There is no specific treatment available, so it is important to get vaccinated to avoid serious illness. If you and your child have been vaccinated, it's very unlikely you will catch Measles.

Symptoms of Measles

- Usually starts with cold-like symptoms
- High fever
- Sore red watery eyes
- Cough and/or runny nose
- Small red spots with bluish-white centres inside the mouth
- A red/brown blotchy rash which appears several days later, rough to the touch.

You should keep your child away from school for at least 4 days from when the rash first appeared and until they are completely recovered. Keep your child away from babies, anyone who is pregnant and those with a weakened immune system.

'THINK' Measles

If you think your child has measles or has been in contact in the last 3 weeks with someone with a confirmed case of measles, then please stay at home and call your GP surgery.

- DO NOT bring your child to school or nursery.
- DO NOT visit the GP surgery/ out of hours, or Hospital.
- CALL ahead to the GP surgery so measures can be put in place for your arrival.

Children in school who are suspected of having measles will be isolated and parents will be asked to collect promptly.

Vaccination

If you are unsure about whether your child is due a vaccine or has missed a vaccination you can check your vaccination status by calling your GP surgery or checking your 'red book'. If your child has missed one of their MMR's call your GP surgery and book an appointment.

The MMR schedule is usually 1 vaccine at 12 months old and a 2nd vaccine at pre-school, around 3 years and 4 months. For adults it's never too late to get vaccinated. Adults require 2 vaccines at 4 weeks apart.

You can request a version of the MMR vaccine that does not contain pork products from your GP surgery, making it suitable for all faiths. Please note that the GP practice may need to order this product in specially, so it will be helpful to tell the GP surgery before the appointment.

MMR vaccine is not advised during pregnancy, those women of childbearing age should avoid getting pregnant for at least 4 weeks following vaccination.

Pregnant women are advised to contact their midwife/GP surgery if they believe they have come into contact with Measles. Pregnant women who suspect they might have Measles should not go to antenatal clinic or any other maternity setting until they have been assessed.

Please follow the links below for further information and guidance:

- [Measles – NHS \(www.nhs.uk\)](https://www.nhs.uk)
- [Think Measles! \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)
- [MMR \(measles, mumps and rubella\) vaccine – NHS \(www.nhs.uk\)](https://www.nhs.uk)
- [Pregnant? Immunisation helps to protect you and your baby from infectious diseases \(publishing.Services.gov.uk\)](https://publishing.service.gov.uk)

Also, here is a link to a video on MMR commissioned by Bristol City Council and community health partners and coproduced with members of the Bristol community in response to concerns about Measles, Mumps and Rubella – [Let's talk about MMR \(youtube.com\)](https://www.youtube.com)

[.youtube.com](https://www.youtube.com)

As this week is Children's Mental Health Week, we have some useful information for families when dealing with any issues regarding your child's mental health:

Today is Safer Internet Day. This year's theme is 'Inspiring change? Making a difference, managing influence and navigating change online'. The Digital leaders led an assembly this morning and activities across school.

Advice for parents can be found here:
<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2024/parents-and-carers>

My VOICE MATTERS

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.

Place2Be's CHILDREN'S MENTAL HEALTH WEEK

LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- We don't need to have 'one-off' conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- Don't compare my experiences to your own when you were a child.
- Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- If you are open with me about your feelings, this can help me to be more open about mine.
- Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school – because they 'get it'.
- Sometimes a hug is all it takes to make me feel supported.

WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

For primary children: bit.ly/3PXC018

For secondary children: bit.ly/3LBD2wK

CHILDRENSMENTALHEALTHWEEK.ORG.UK

INSPIRING CHANGE ONLINE!

- Be kind to yourself and others
- Treat others the way you wish to be treated
- Report bullying to a trusted adult
- Don't copy the behaviour of others if it feels wrong
- Don't spread unkind rumours or gossip
- Remember, we are all different and may not always agree
- Don't speak out in anger
- Make amends if you have upset someone
- Don't say things online you wouldn't face-to-face
- Be a good listener

natterhub.com

natterhub

preparing children to thrive online

SAFER INTERNET DAY 2024

My VOICE MATTERS

CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

Place2Be's CHILDREN'S MENTAL HEALTH WEEK

TELL ME ABOUT YOUR DAY

WHAT WAS THE BEST THING ABOUT TODAY?

WHAT IS THE BIGGEST STRESS / WORRY IN YOUR LIFE RIGHT NOW?

WHAT'S YOUR ONLINE LIFE LIKE?

WHO WOULD YOU TALK TO IF YOU WERE FEELING WORRIED ABOUT YOUR MENTAL HEALTH?

WHAT CAN I DO TO HELP YOU?

SPORTS COOL! BRADFORD

After School Clubs

ST FRANCIS PRIMARY SCHOOL

EASTER TERM

£13

TBC

HAF VENUE REQUIRED

ARCHERY WEDNESDAY

WED 21ST FEB

WEDS 20TH MARCH (5 WEEKS).

5 Weeks of KS1 & KS2 archery fun will see find the new Robin Hood. Can you hit the board from one end of the playground to the other? Only one way to find out JOIN US!

FOOTBALL DEVELOPMENT

If you're looking for 1-1 or to join our development team list then

To join please email jake.s@sportscool.org

BOOK NOW: <https://sportscool-Bradford.classforkids.io>

JAKE.S@SPORTSCOOL.ORG

07594649136

LAST WEEK IN SCHOOL...

Author Visit

Last week, we were privileged to welcome an author named Deane Narayn-Lee who wrote the book 'The Loving Earth.' Deane spoke to the children about his book and the children had the opportunity to ask him questions.

We hope they were inspired by him to continue writing for pleasure – we know we have some budding authors among our children!



DT Project

Three Y5 children attended a DT day at St Joseph's School in Bradford with other children from our Trust. They worked together to design and make pop up boxes. These three children have now become DT Ambassadors and are skilled up and ready to teach the rest of their class how to make their own pop up boxes. Well done to them!

