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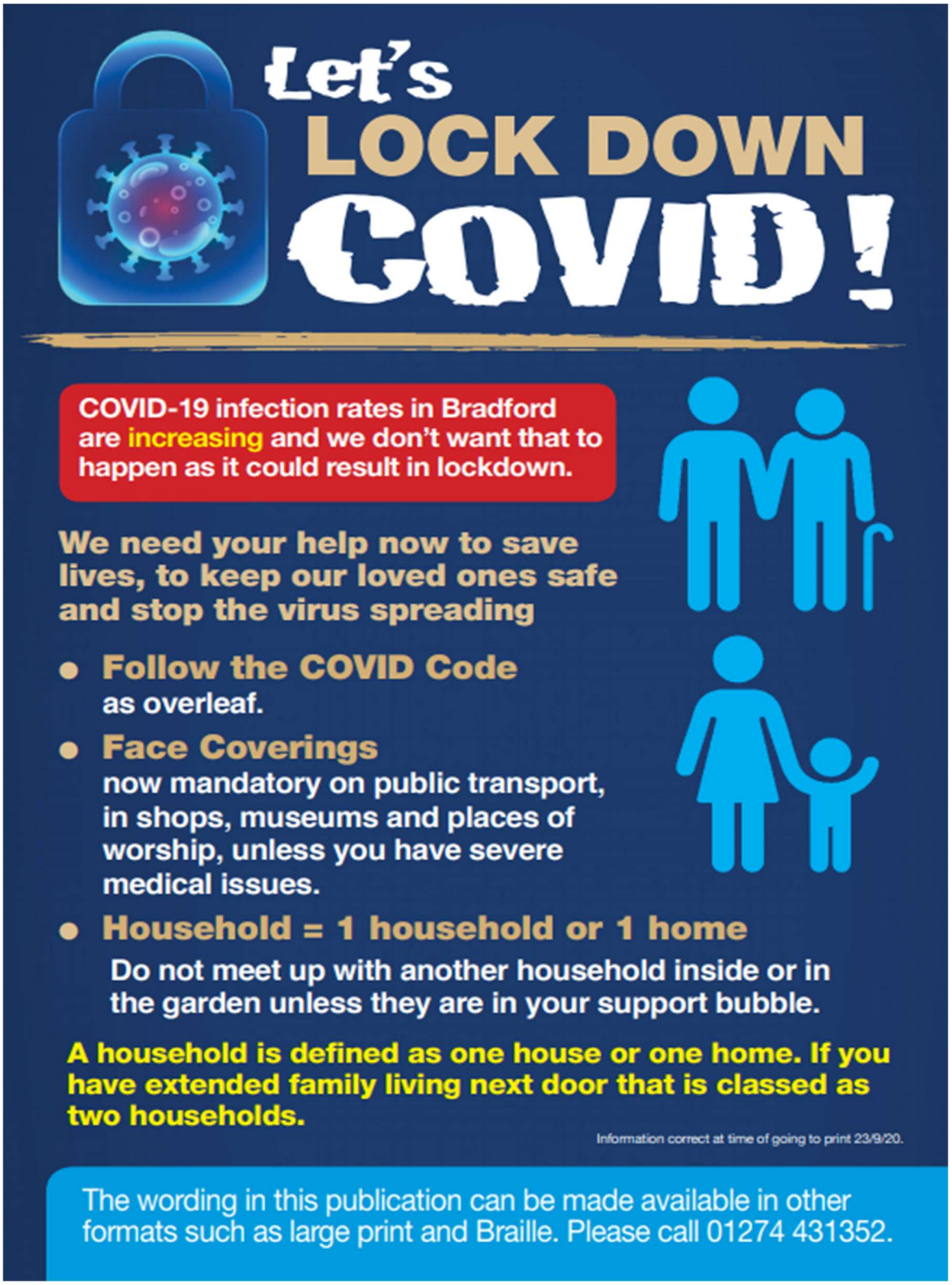
Together we are exploring our special gifts; Together we are growing towards God

Dear Parents, Tuesday 6th October 2020

Here is the latest Public Health guidance for schools on COVID 19:



THE COVID CODE

KEEP YOUR DISTANCE

Keep at least 2 metres (3 steps) away from anyone you don't live with.

FACE COVERINGS

Over 11 years old? Always wear a face covering in shops, museums, places of worship, on public transport and when you can't stay apart.

HYGIENE IS KEY

Wash your hands with soap and warm water often.

HOUSEHOLD = 1 HOUSE OR 1 HOME

Do not meet up with another household inside unless they are in your support bubble.

THINK OF OTHERS

Cough or sneeze into your elbow.

GET TESTED

If you have a high temperature, a new continuous cough or a loss/change in your sense of taste or smell.

NO HANDSHAKE, NO HUGS, HANDS OFF

Avoid touching your eyes, nose and mouth.

STAY INDOORS

Isolate at home for 10 days if you have symptoms and 14 days if you live with someone who has symptoms.

NO EVENTS

Keep away from crowds and places where people gather together.

TAKE CARE OF YOURSELF

GPs, hospitals and other services are #StillHereToHelp.

NHS

City of BRADFORD METROPOLITAN DISTRICT COUNCIL

Information correct at time of going to print.

nhs.uk/coronavirus

COVID-19 (coronavirus) absence:

City of BRADFORD METROPOLITAN DISTRICT COUNCIL

A quick guide for parents/carers

What to do if…	Action needed	Back to school…
…my child has COVID-19 (coronavirus) symptoms*	• Child shouldn't attend school • Child should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results	**…when child's test comes back negative**
…my child tests positive for COVID-19 (coronavirus)	• Child shouldn't attend school • Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms) • Inform school immediately about test results • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - *even if someone tests negative during those 14 days*	**… after 10 days <u>and</u> when child feels better, and has been without a fever for at least 48 hours** They can return to school **after 10 days** even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.
…somebody in my household has COVID-19 (coronavirus) symptoms*	• Child shouldn't attend school • Household member with symptoms should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results • Anyone with symptoms in the household should get tested	**…when household member test is negative, and child does not have COVID-19 symptoms***
…somebody in my household has tested positive for COVID-19 (coronavirus)	• Child shouldn't attend school • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - *even if someone tests negative during those 14 days*	**…when child has completed 14 days of self-isolation, even if they test negative during the 14 days**

* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. See more at: **https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/**

What to do if…	Action needed	Back to school…
…NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)	• Child shouldn't attend school • Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too	**…when the child has completed 14 days of self-isolation, even if they test negative during those 14 days**
…we / my child has travelled and has to self-isolate as part of a period of quarantine	• Do not take unauthorised leave in term time • Consider quarantine requirements and FCO advice when booking travel • Provide information to school as per attendance policy **Returning from a destination where quarantine is needed:** • Child shouldn't attend school • Whole household self-isolates for 14 days – even if they test negative during those 14 days	**…when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days**
…we have received advice from a medical / official source that my child must resume shielding	• Child shouldn't attend school • Contact school as advised by attendance officer / pastoral team • Child should shield until you are informed that restrictions are lifted and shielding is paused again	**…when school / other agencies inform you that restrictions have been lifted and your child can return to school again**
….I am not sure who should get a test for COVID -19 (coronavirus)	• Only people with symptoms* need to get a test • People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive	**…when conditions above, as matching your situation, are met**

For further information visit: gov.uk/backtoschool

(Adapted from the leaflet by Greater Manchester)

The wording in this publication can be made available in other formats such as large print and Braille. Please call 01274 431000.